

WHY CHOOSE OT?™



Help People Live Their Best Lives Become an Occupational Therapy Assistant

Occupational therapy (OT) is a healthcare profession that helps people of all ages participate in the meaningful activities they need and want to do, regardless of injury, disability, or health condition. OT is an inspiring and rewarding profession that combines hands-on care and creative problem-solving to change lives.

Why Choose Occupational Therapy?

- Start working as an OTA in 2 years with an associate degree or in 4 with a bachelor's degree
- Transformational, rewarding work
- Holistic care and meaningful patient relationships
- Diverse career opportunities and settings
- Job stability and growth
- Constantly-evolving field for a dynamic career
- Work-life balance with flexibility

"I have a passion for people and a heart for creativity. While the job is to help people in their daily lives, I find that each person I interact with makes a huge impact on my life as well."

Mary, OTA

"I had seen first-hand the life-changing results of OT. The fact that it was an associate's degree made it affordable and achievable."

Elizabeth, OTA

Median Salary
\$66,050
(2024)*

OTA employment is projected to
grow by 18%
by 2034*



Candidates with skills, such as **adaptability, compassion, and strong interpersonal skills**, are well-positioned to succeed in OTA programs and beyond.

Occupational Therapy Areas of Practice

- Adult Rehabilitation
 - Pediatrics
 - Orthopedics
 - Ergonomics
 - Mental Health
 - Older Adults
- Developmental Disability
 - Home Health
 - Assistive Technology
 - Health & Wellness
 - Neurorehabilitation
 - Education
 - Research
 - Equine Therapy
 - And More...



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Pathway to Becoming an Occupational Therapy Assistant

- 1 Explore and apply to an accredited associate or bachelor's OTA program.
- 2 Graduate with an associate or bachelor's OTA degree.
- 3 Pass the national occupational therapy board exam and earn COTA® certification.
- 4 Obtain a state license to practice.

Common Course Prerequisites*

- Anatomy
- Anthropology
- Biology
- Kinesiology
- Medical Terminology
- Physiology
- Psychology
- Sociology

* Check the websites of the schools you're applying to for program-specific requirements.



To learn more about real-world OTAs and for information about OTA programs, visit

WhyChooseOT.com

